

Mid Sussex Children and Family Centres



# Discover



## *Moving On Into Work*

**New Start, New Year!**

**Looking to go back to work?**

**Need help getting started?**

***Come along to this Free Working Futures course***



**Fridays, 22nd, 29th January and 5th, 12th and 19th February all at 1.00-2.45: with creche.**

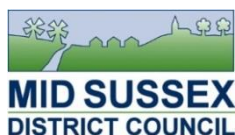
**Blackwell Farm East Grinstead Children & Family Centre, Blackwell Farm Road, RH19 3LJ**

**The course will cover:**

- Building your confidence & identifying your skills
- CV preparation/covering letters
- Interview skills & hidden jobs
- Benefits of volunteering/work experience & impact on benefits
- Thriving and surviving in the Workplace

To find out more or book your **free** place contact Dawn Grant on 07736 946 333 or email [dawn@working-futures.co.uk](mailto:dawn@working-futures.co.uk)

**Book your place now! Limited spaces so hurry!**



**Sure Start  
Children's Centres**  
West Sussex



Funded by Mid Sussex District Council and Mid Sussex Children and Family Centres.  
Committed to helping residents into work.