

WORK IN PROGRESS

Need help getting started?

Then come along to the free *Working Futures* 2 week course



At the Job Centre Tunbridge Wells on Tuesday, Thursday and Friday the 11th, 13th and 14th July and the following week on Tuesday the 18th and Thursday the 20th July.

10am to 12 Noon

The 5 workshops cover:

- Building your confidence
- Identifying your skills
- Improving your communication and tips for dealing with stressful situations
- Benefits of volunteering & surviving the workplace
- Making the most of your money & impact of benefit changes

To find out more contact Dawn Grant on 07736 946 333

Or email dawn@working-futures.co.uk

